

Junior Church 9 + Group

June 2020

Hello! I hope you are all doing ok. Here is another session following bible characters. It would be great to know if these sessions are being used so feel free to e-mail me and let me know – susie@minydon.com. This week we are going to look at David and particularly the story about Goliath which you probably know a bit about.

To believe the impossible – David and Goliath.

You need – paper and pens – one large piece of paper if possible

- Game - make a paper aeroplane. Spread around the room and see if you can hit each other with your plane.
- Trust exercise - have someone stand behind you and fall backwards for them to catch you. How hard is it to trust them not to drop you?
- ASK - What is faith? Putting your trust totally in someone or something.
- In the middle of a large piece of paper write GOD. Use the questions to write around answers about God – use different colours if you can and try to fill the paper up.

What has God made?

What can God do?

How big is God?

How does God feel about us?

What is God like?

God is truly amazing and we can definitely put our trust in Him.

- David and Goliath. Try and get an idea of how tall they may have been – David might have been around 5 ft and Goliath 9 ft. Measure it on a wall.
- Read the story or maybe just chat about the story together and read some bits of it.

1 Samuel 17 (various verses)

⁴ Then Goliath, a Philistine champion from Gath, came out of the Philistine ranks to face the forces of Israel. He was over nine feet^[a] tall! ⁵ He wore a bronze helmet, and his bronze coat of mail weighed 125 pounds.^[b] ⁶ He also wore bronze leg armor, and he carried a bronze javelin on his shoulder. ⁷ The shaft of his spear was as heavy and thick as a weaver's beam, tipped with an iron spearhead that weighed 15 pounds.^[c] His armor bearer walked ahead of him carrying a shield.

⁸ Goliath stood and shouted a taunt across to the Israelites. "Why are you all coming out to fight?" he called. "I am the Philistine champion, but you are only the servants of Saul. Choose one man to come down here and fight me! ⁹ If he kills me, then we will be your slaves. But if I kill him, you will be our slaves! ¹⁰ I defy the armies of Israel today! Send me a man who will fight me!" ¹¹ When Saul and the Israelites heard this, they were terrified and deeply shaken

David Kills Goliath

³² "Don't worry about this Philistine," David told Saul. "I'll go fight him!"

³³ "Don't be ridiculous!" Saul replied. "There's no way you can fight this Philistine and possibly win! You're only a boy, and he's been a man of war since his youth."

³⁴ But David persisted. "I have been taking care of my father's sheep and goats," he said. "When a lion or a bear comes to steal a lamb from the flock, ³⁵ I go after it with a club and rescue the lamb from its mouth. If the animal turns on me, I catch it by the jaw and club it to death. ³⁶ I have done this to both lions and bears, and I'll do it to this pagan Philistine, too, for he has defied the armies of the living God! ³⁷ The LORD who rescued me from the claws of the lion and the bear will rescue me from this Philistine!"

Saul finally consented. "All right, go ahead," he said. "And may the LORD be with you!"

³⁸ Then Saul gave David his own armor—a bronze helmet and a coat of mail. ³⁹ David put it on, strapped the sword over it, and took a step or two to see what it was like, for he had never worn such things before.

"I can't go in these," he protested to Saul. "I'm not used to them." So David took them off again. ⁴⁰ He picked up five smooth stones from a stream and put them into his shepherd's bag. Then, armed only with his shepherd's staff and sling, he started across the valley to fight the Philistine.

⁴¹ Goliath walked out toward David with his shield bearer ahead of him, ⁴² sneering in contempt at this ruddy-faced boy. ⁴³ "Am I a dog," he roared at David, "that you come at me with a stick?" And he cursed David by the names of his gods. ⁴⁴ "Come over here, and I'll give your flesh to the birds and wild animals!" Goliath yelled.

⁴⁵ David replied to the Philistine, "You come to me with sword, spear, and javelin, but I come to you in the name of the LORD of Heaven's Armies—the God of the armies of Israel, whom you have defied. ⁴⁶ Today the LORD will conquer you, and I will kill you and cut off your head. And then I will give the dead bodies of your men to the birds and wild animals, and the whole world will know that there is a God in Israel! ⁴⁷ And everyone assembled here will know that the LORD rescues his people, but not with sword and spear. This is the LORD's battle, and he will give you to us!"

⁴⁸ As Goliath moved closer to attack, David quickly ran out to meet him. ⁴⁹ Reaching into his shepherd's bag and taking out a stone, he hurled it with his sling and hit the Philistine in the forehead. The stone sank in, and Goliath stumbled and fell face down on the ground.

⁵⁰ So David triumphed over the Philistine with only a sling and a stone, for he had no sword.

- How would you have felt facing Goliath? It must have looked impossible, but David trusted God because he knew He was bigger.
- What can help us trust God even when things look difficult? – David listened to God and trusted His promises. Read verses 36 and 37.
- Draw a picture of David and Goliath. On the side that is Goliath write some of the things that you find difficult at the moment (sort of like giants in your life) – such as maybe missing your friends or things you are afraid of etc.

On the other side write these verses

- [Joshua 1:9](#)

Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go.

- [Jeremiah 29:11](#)

For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope

- Look back at all the things you wrote about God in the beginning on the big piece of paper. He is bigger than all our problems and you can trust Him to help you just like David did. Your faith (trust in God) will grow stronger if you keep bringing your problems and fears to Him and trusting that He has the best plan for you.
- Worship - Look up on YouTube the song called 'Every Giant will fall' by Rend Collective. There is a good version with Narnia film or any version. As you listen to it remember God is bigger than all your problems and worries.
- Pray that God will help you remember to trust Him over this next week.